



PABLO FOUNDATION
**ANNUAL
IMPACT REPORT**

**JANUARY
2025**
servingsince2021

Prepared by
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2025



Impact Report

2025



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LETTER FROM OUR PRESIDENT & VICE PRESIDENT



ELEASICIA JENKINS & NITA COLLINS
PRESIDENT & VICE PRESIDENT

Reflecting on the past year, We are filled with gratitude and determination. With your partnership, the Pablo Foundation has made significant strides in addressing the critical issue of suicide in our communities.

This past year, we really stepped up our community outreach, making sure that suicide prevention training and awareness events reached all corners of Mississippi. 2025 was also a big year for collaboration as we hosted our first Suicide Awareness & Prevention Walk/Run Event.

In this report, we're excited to share some powerful stories that show just how transformative our initiatives have been for individuals and families. These stories remind us of our successes and the important work still ahead. We're all in on our goal: zero deaths by suicide. Our work will keep pushing forward because we believe prevention is possible.

We can't thank our partners, donors, and volunteers enough for their ongoing support, and we're looking forward to making even more progress together in the coming year.

Thanks for your commitment to this essential mission!

Eleasicia Jenkins
President

Nita Collins
Vice President

Our Story

In July 2021, a family joined together with a common cause. A son was lost to suicide. Together they created Pablo Foundation to educate the public about suicide prevention and to serve as a resource and voice for suicide loss survivors. Now, for 4 years, Pablo Foundation has been an leading organization working to prevent suicide.

OUR MISSION

Our mission is to save lives and bring hope to those affected by suicide. We are here to help people understand, protect, and sustain their mental health. Within the belief that suicide is generally preventable, the goal of the The Pablo Foundation is to help reduce the incidents of suicide in Mississippi through greater access of information and resources. To achieve this mission, we recognize that suicide prevention is a process involving many community resources.



OUR PURPOSE

As a foundation that is not a license healthcare facility, we believe our purpose and role in suicide prevention works best when volunteers, the residual victims of suicide, and dedicated professional all come together. We are working to eliminate :

- Eliminate the stigma associated with the topic of suicide prevention and grief support
- Provide access to information and resources
- Advocate for programs and services that enhance public awareness, peer to peer volunteerism and community service in direct support of those who are lonely, depressed, suicidal, and or grieving a loss.



Our 2026 Goals

In 2026, Pablo Foundation plans to expand its efforts to support at risk-populations, with a focus on individuals facing unique mental health challenges.

Through these targeted initiatives, Pablo Foundation aims to reduce suicide rates within these vulnerable groups, ensuring more inclusive and accessible mental health care for all Mississippians. Pablo Foundation goal is to create a network of support that recognizes and addresses the specific needs of these populations, fostering resilience and well-being across the state.

These populations include:

2

Perinatal Mental Health:

Death by suicide is a leading cause of maternal mortality and accounts for about 20% of postpartum deaths.

- Pablo Foundation plans to expand mental health support and services for this group by focusing on prevention, early interventions, and access to mental health care during and after pregnancy.

1

Older Adults:

With higher suicide rates compared to other age groups, older adults face distinct challenges such as social isolation, physical health issues, and mental health struggles.

- Pablo Foundation aims to increase outreach, provide targeted mental health resources, and reduce stigma around older adults seeking help.

3

Youth:

Suicide is the second leading cause of death among youth ages 10-19, with a child dying by suicide in United States every 11 minutes.

- Pablo Foundation is committed to expanding resources and support to address the mental health of young people in this critical age group.

Impact Snapshot

How Pablo Foundation is Inspiring Change and Building Hope



Suicide Prevention Workshop

"Being a part of the Pablo Foundation Suicide Awareness & Prevention workshop focus group has helped me to realize that I'm not alone in my mental health struggles. It made me feel like I had a safe place to talk about my pain.

I didn't know that there were so many different resources out there."

13-year-old attendee

1ST ANNUAL SUICIDE SUICIDE AWARENESS RUN/WALK EVENT

"THE SUICIDE AWARENESS RUN/ WALK EVENT" WAS A GREAT AND IMPACTFUL EVENT. THE HOPE-FILLED SPEAKERS. THE GUESTS IN THE ROOM WITH THE BIGGEST OF HEARTS. WHAT A MOVING AND MOTIVATIONAL EVENING."

MELISSA KTCHENS, ATTENDEE



"Accessing therapy through Pablo Foundation has honestly been life-changing for me.

I was at a point where I felt completely stuck with my mental health, and the sessions have allowed me to finally start making progress.

My therapist has helped me understand and work through some really overwhelming challenges, and I finally feel like there's a path forward.

I'm incredibly grateful for this support-it's something I wouldn't have been able to access otherwise without Pablo Foundation referral.

Ebony Morton, Survivor

Pablo Foundation is a nonprofit 501(C)3 dedicated to ending the tragedy of suicide through education and training, advocacy, lethal means safety, and supporting suicide loss survivors. We fulfill our mission by:

- Educating and empowering individuals to identify suicide warning signs and refer those at risk to the support they need;
- Advocating to amplify the voices of those impacted by suicide and create meaningful change.
- Distributing free packets and tools to limit access to lethal items in a moment of crisis;
- And providing empathetic assistance and valuable resources to help suicide loss survivors navigate the devastating loss of a love one;

By offering free educational resources, teaching life-saving skills, supporting suicide loss survivors, and advocating for change, we believe we can make a significant impact and save lives.



WHO WE ARE

PARTNERSHIP

Building strategic partnerships for System- Wide changes

Suicide is a complex health issue impacting a diverse range of communities. Through strategic partnerships, Pablo Foundation influences systems change enabling key stakeholders to bring suicide prevention strategies designed to have the most impact within particularly at risks- environment.

Preventing Suicide in Health Care Systems

Up to 45% of people who die by suicide visit their primary care physician in the month prior to their death — meaning health care providers are uniquely positioned to play a critical role in identifying those at risk for suicide. AFSP is dedicated to empowering health care providers with lifesaving tools and strategies for supporting patients at risk.

Preventing Suicide in Corrections Systems

Research shows that people who are incarcerated are particularly vulnerable to suicide. Suicide is the number one leading cause of death in jails, and suicide in prisons has increased 30% in recent years.

That's why Pablo Foundation was awarded a TTI Grant for the 988 program Shatter the Silence: An Introduction to Suicide Prevention in the Community & Corrections System a presentation that informs the community & corrections staff on how to create a safer environment for people in custody, while also providing staff with resources to support their own mental health. Through this program, we continue to reach corrections staff by partnering with counties to make system-level changes in correctional environments. This past year we were able to reach 2,697 participants across 350 presentations.

Our commitment to transparency ensures all stakeholders understands how funds are used to support our mission of preventing suicide and promoting mental wellness in Mississippi. This year, Pablo Foundation focused on maximizing the impact of every dollar by efficiently investing in evidence-based programs, training and outreach and resources.

We appreciate the generosity of our donors, sponsors and partners that allow us to address the evolving needs of vulnerable populations. We are proud of our progress and are positioned to continue advancing our vital work in suicide prevention.

In 2025, Pablo Foundation, received approximately \$40,000 in combined funding and in-kind support through grants, donations, sponsorships, and donated goods and services.



Funding Sources
15% Grants
5% In-Kind Donations
10% Individual Donations
15% Sponsorships



Pablo Foundation is proud to report that in 2025:
90% of all resources were invested directly into programs and services
10% or less supported operations and administrative needs.



FINANCIAL OVERVIEW

Empowering Futures with Financial Integrity.

Thank You To Our Partners

"On behalf of our team, thank you for your incredible support to Pablo Foundation. Your dedication made a significant impact, and we're excited to continue this strong partnership."

"Grateful for your collaboration and commitment to our success. Thank you!"



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